ASA F
ASIAN CHAMPIONSHIPS 2016
(Laser, Laser Radial, 49er, 49erFX, RS:X (Men and Women)- Olympic Qualifier)

ABU DHABI
7th to 12th March 2016

ORGANIZING AUTHORITY
The Organising Authority is the Asian Sailing Federation (ASAF) in conjunction with the UAE Sailing & Rowing Federation (UAE SARF) and Abu Dhabi Sailing & Yacht Club (ADSYC).

NOTICE OF RACE

1. RULES
1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
1.2. RRS Appendix P, Special Procedures for Rule 42, will apply
1.3. For the Medal Races, ISAF Addendum Q (as posted on the official notice board) takes precedence over any conflicting instructions.
1.4. The Class and Championship Rules of each International Class Association will apply except for any that are altered by the Notice of Race or the Sailing Instructions
1.5. No National Authority prescriptions will apply.
1.6. If there is a conflict between languages the English text will take precedence.
1.7. This is an ISAF ranking 100-point event

2. ADVERTISING
2.1. Boats may be required to display advertising and/or bow numbers chosen and supplied by the Organizing Authority. These shall be displayed as prescribed in the Sailing Instructions.
2.2. Boats shall display national flags on their sails. The specifications of nation flags can be seen in NOR Appendix B.
2.3. The OA has the right to refuse any advertising which it deems in conflict with the laws and ethics of the United Arab Emirates.
3. **ELIGIBILITY AND ENTRY**

3.1. The regatta is open to boats competing in following events chosen for the 2016 Olympic Sailing Competition.

<table>
<thead>
<tr>
<th>Event</th>
<th>Class</th>
</tr>
</thead>
<tbody>
<tr>
<td>Men’s Windsurfer</td>
<td>RS X</td>
</tr>
<tr>
<td>Women’s Windsurfer</td>
<td>RS X</td>
</tr>
<tr>
<td>Men’s One Person Dinghy</td>
<td>Laser</td>
</tr>
<tr>
<td>Women’s One Person Dinghy</td>
<td>Laser Radial</td>
</tr>
<tr>
<td>Men’s Skiff</td>
<td>49er</td>
</tr>
<tr>
<td>Women’s Skiff</td>
<td>49erFX</td>
</tr>
</tbody>
</table>

3.2. Competitors shall comply with ISAF Eligibility Code (Regulation 19).

3.3. Each athlete shall be registered as an ISAF Sailor on the ISAF website: [www.sailing.org/isafsailor](http://www.sailing.org/isafsailor)

3.4. Each athlete shall be a national of the country of the Member National Authority (MNA) which enters the boat (see ISAF Regulation 19.8). Each athlete shall present proof of their nationality at registration.

3.5. Only current fully paid members of the relevant international class may enter the regatta. Competitors shall produce evidence of membership of the appropriate class association at the time of registration as may be required by the Organizing Authority.

3.6. Olympic gender requirements will apply for each of the 06 events.

3.7. For the One Person events: Crew substitution is not permitted.

3.8. For the Two Person events: Crew substitution is not permitted except in case of proven accident or illness and shall be approved in writing by the organizing authority.

3.9. Competitors under 18 years of age shall present a signed and completed parent (or guardian) consent and declaration form at registration. The forms are available for download on the event website [www.adsyc.ae](http://www.adsyc.ae).

3.10. Competitors, coaches and team leaders shall enter by completing the Entry Forms. These forms are available on the event website and can be submitted to the race office: register@adsyc.ae

3.11. Entries open on 1 January 2016. To be accepted, eligible athletes, coaches and team leaders shall have their on-line entry validated by their MNA when asked to do so. MNAs are required to be in good standing with ISAF.

4. **FEES**

4.1. The following fees shall be paid in full in order to complete the entry:

<table>
<thead>
<tr>
<th>Class</th>
<th>Early Entry (Before 15/01/2016)</th>
<th>Standard Entry Fee (After 15/01/2016)</th>
</tr>
</thead>
<tbody>
<tr>
<td>One Person events</td>
<td>US$ 150.-</td>
<td>US$ 250.-</td>
</tr>
<tr>
<td>Two Person events</td>
<td>US$ 250.-</td>
<td>US$ 400.-</td>
</tr>
<tr>
<td>Coaches, Team Leaders</td>
<td>US$ 75.-</td>
<td>US$ 100.-</td>
</tr>
</tbody>
</table>
4.2. To be eligible for Early Entry Fee, competitors, coaches, team leaders and support personnel must register before 15 January 2016.
4.3. Entries may not be accepted after 31 January 2016.
4.4. Entries may be accepted after this deadline at the discretion of the Organizing Authority, but shall attract a late Entry fee charge of USD 50 per person.
4.5. An entry fee is not refundable.
4.6. Payment details and invoice shall be provided to entrants upon receipt of the entry form.

5. FORMAT OF RACING
5.1. The regatta will consist of an opening series and, provided a minimum of 6 races have been completed in the opening series, a medal race. The opening series may be divided into a qualifying series and a final series.
5.2. The format for any event may be changed in the Sailing Instructions to adapt it to the format chosen for the Rio 2016 Olympic Sailing Competition.

6. SCHEDULE OF EVENTS
6.1. The Championship schedule will be as follows:

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Saturday</td>
<td>5 March</td>
<td>10:30 – 17:00</td>
<td>Registration / Measurement</td>
</tr>
<tr>
<td>Sunday</td>
<td>6 March</td>
<td>10:30 – 17:00</td>
<td>Registration / Measurement</td>
</tr>
<tr>
<td></td>
<td></td>
<td>17:30</td>
<td>Competitors meeting</td>
</tr>
<tr>
<td></td>
<td></td>
<td>18:00</td>
<td>Opening Ceremony and Welcome Dinner</td>
</tr>
<tr>
<td>Monday</td>
<td>7 March</td>
<td>10:00</td>
<td>Team Leaders Meeting</td>
</tr>
<tr>
<td></td>
<td></td>
<td>12:55</td>
<td>Series Races</td>
</tr>
<tr>
<td>Tuesday</td>
<td>8 March</td>
<td>10:00</td>
<td>Team Leaders Meeting</td>
</tr>
<tr>
<td></td>
<td></td>
<td>12:55</td>
<td>Series Races</td>
</tr>
<tr>
<td>Wednesday</td>
<td>9 March</td>
<td>10:00</td>
<td>Team Leaders Meeting</td>
</tr>
<tr>
<td></td>
<td></td>
<td>12:55</td>
<td>Series Races</td>
</tr>
<tr>
<td>Thursday</td>
<td>10 March</td>
<td>10:00</td>
<td>Team Leaders Meeting</td>
</tr>
<tr>
<td></td>
<td></td>
<td>12:55</td>
<td>Series Races</td>
</tr>
<tr>
<td>Friday</td>
<td>11 March</td>
<td>11:00</td>
<td>Team Leaders Meeting</td>
</tr>
<tr>
<td></td>
<td></td>
<td>13:25</td>
<td>Series Races</td>
</tr>
<tr>
<td>Saturday</td>
<td>12 March</td>
<td>10:00</td>
<td>Team Leaders Meeting</td>
</tr>
<tr>
<td></td>
<td></td>
<td>12:55</td>
<td>Final Races and Medal Races</td>
</tr>
<tr>
<td></td>
<td></td>
<td>18:00</td>
<td>Prize Giving and Closing Ceremony</td>
</tr>
</tbody>
</table>

6.2. The foreseen number of races per class:

<table>
<thead>
<tr>
<th>Event</th>
<th>Number of Races</th>
</tr>
</thead>
<tbody>
<tr>
<td>Men’s Windsurfer</td>
<td>13</td>
</tr>
<tr>
<td>Women’s Windsurfer</td>
<td>13</td>
</tr>
<tr>
<td>Men’s One Person Dinghy</td>
<td>11</td>
</tr>
<tr>
<td>Women’s One Person Dinghy</td>
<td>11</td>
</tr>
</tbody>
</table>
6.3. There shall be a maximum of 4 races per class on each day.
6.4. There will be no warning signal after 1600 for those taking part in the Final Races and after 1700 for those taking part in the Medal Races.
6.5. The Opening Ceremony and Welcome Dinner may be attended by invitation only. Additional invitations for MNA representatives, coaches and family members may be requested through the race office register@adsyc.ae
6.6. The Prize Giving and Closing Ceremony shall be open to public.

7. MEASUREMENT
7.1. All boats may be inspected for compliance with the Class Rules.
7.2. The Equipment Inspection Committee appointed by ASAF will be the responsible body under RRS 64.3(b) for interpreting the rules following a protest.
7.3. Any changes to the Equipment Regulations will be posted on the official notice board.
7.4. Any boat or equipment may be re-inspected at any time.
7.5. The date and time for equipment inspection will be established by a draw conducted before the regatta, and posted on the event website no later than 01 March 2016. The designated time of equipment inspection may be subject to change by the Equipment Inspection Committee.
7.6. After equipment inspection, no boat or inspected equipment shall be taken from the boat park or the racing areas and their adjacent waters without written permission of the Organizing Authority.
7.7. Only entered competition boats may be kept in the venue boat park unless permission is granted by the Organizing Authority.
7.8. Equipment shall only be replaced with permission of the Race Committee.
7.9. Equipment is not supplied by the Organizing Authority and all competitors shall use their own equipment. Equipment that is loaned or chartered shall be considered to be the competitor’s own equipment.
7.10. Stickers and the Pre-event Equipment Forms will be issued at Registration.

8. SAILING INSTRUCTIONS
8.1. The Sailing Instructions will be available from 05 March 2016 and will be published on the event website www.adsyc.ae

9. VENUE
9.1. The 2016 ASAF Asian Championships will be held at Abu Dhabi Sailing and Yacht Club (see Appendix A – Venue).
9.2. The racing area will be in the proximity off Abu Dhabi Sailing & Yacht Club. All racing areas are located within approx. 20 minutes sailing from the launch area. (see Appendix A – Venue).
10. THE COURSES
10.1. The courses will be Windward/Leeward or Trapezoid except that any other possible courses adopted by ISAF for the Rio 2016 Olympic Sailing Competition may also be used. For the Medal Races the course will be a Windward-Leeward Course.

10.2. The target times in minutes for the opening series and medal races are:

<table>
<thead>
<tr>
<th>Event</th>
<th>Opening Series</th>
<th>Medal Race</th>
</tr>
</thead>
<tbody>
<tr>
<td>Men's Windsurfer</td>
<td>20-25</td>
<td>20</td>
</tr>
<tr>
<td>Women's Windsurfer</td>
<td>20-25</td>
<td>20</td>
</tr>
<tr>
<td>Men’s One Person Dinghy</td>
<td>50</td>
<td>25</td>
</tr>
<tr>
<td>Women’s One Person Dinghy</td>
<td>50</td>
<td>25</td>
</tr>
<tr>
<td>Men’s Skiff</td>
<td>30</td>
<td>20</td>
</tr>
<tr>
<td>Women’s Skiff</td>
<td>30</td>
<td>20</td>
</tr>
</tbody>
</table>

10.3. The above times may be changed in the Sailing Instructions to adapt to the target times chosen for the Rio 2016 Olympic Sailing Competition.

11. PENALTY SYSTEM
11.1. For the Men’s and Women’s Skiff events, RRS 44.1 and RRS P2.1 are changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

11.2. The Sailing Instructions may include a specification of discretionary penalties that may be applied by the International Jury for breaches of specified rules. The Sailing Instructions may include a specification of standard penalties that may be applied by the Race Committee without a hearing for breaches of specific rules; this will change RRS 63.1 and Appendix A.5. These will appear in full in the Sailing Instructions.

12. INTERNATIONAL JURY
12.1. An International Jury will be appointed in accordance with RRS 91(b). Its decisions will be final as provided in RRS 70.5.

13. SCORING
13.1. RRS Appendix A will apply. RRS B8 is deleted.
13.2. One race is required to be completed to constitute a regatta.
13.3. Six races are required to be completed to constitute an opening series.
13.4. When less than three races in the opening series have been completed, no score shall be excluded.
13.5. In medal races, a boat’s score shall be double the number of points specified in RRS Appendix A4.1, and the score for that race shall not be excluded from the series score.
13.6. Ties in the series score between boats with different medal race point scores shall be broken in favor of the boat that scored better in the medal race. This changes RRS Appendix A8.

13.7. The boats assigned to compete in the medal race will be ranked highest in the regatta except for a boat disqualified from the medal race under rule RRS 5 or 69.

13.8. A boat assigned to compete in the medal race shall make a genuine effort to start, sail the course and finish. A breach of this paragraph will not be grounds for a protest by a boat. This changes rule RRS 60.1(a). The penalty for a breach of this paragraph will be ranking the boat tenth in the regatta. If there are two such boats, they will be ranked ninth and tenth, in order of their opening-series ranks, etc.

14. SUPPORT BOATS
14.1. All coach and support boats shall be registered with the Organizing Authority and will be required to comply with local legislation. The Organizing Authority may refuse registrations and accept later registrations at their sole discretion.

14.2. A coach boat includes any boat that is under the control or direction of a person who is providing physical or advisory support to an athlete, including the gathering of data that may be used at a later time.

14.3. All coach boats shall display the 3 letter national code, of their ISAF Member National Authority at all times while afloat clearly visible from both sides of the boat. The minimum height for the letters shall be 200 mm.

15. BERTHING
15.1. Boats shall be kept in their assigned places in the boat park.

16. RADIO COMMUNICATION
16.1. Except in an emergency a boat shall neither make nor receive radio transmissions, text messages or cellular phone calls while racing.

17. PRIZES
17.1. Medals will be awarded to the top 3 boats in each event. The Organizing Authority may alter prizes if less than 10 boats are entered in an event.

17.2. The ASAF Cup will be awarded to the top ranked MNA based on the medal table of all 06 events. The medal table will be sorted by the number of gold medals first, then silver medals and finally bronze medals. If there is a tie MNAs with equal ranking will be sorted alphabetically by ISAF country code.

17.3. Additional prizes may be awarded at the discretion of the Organizing Authority.

18. MEDIA RIGHTS, CAMERAS AND ELECTRONIC EQUIPMENT
18.1. Competitors shall comply with the Athlete Media Guide. The Athlete Media Guide will include further information on television production, tracking, press conferences, interviews and promotion of the regatta.
18.2. By participating in the event competitors automatically grant to the Organizing Authority, their sponsors and ASAF the right in perpetuity to make, use and show, from time to time at their discretion, any motion pictures and live, taped or filmed television and other reproductions of the athlete during the period of the competition without compensation.

18.3. Boats may be required to carry cameras, sound equipment or positioning equipment as specified by the Organising Authority.

18.4. The top three competitors as well as the individual race winners may be required to attend a media press conference each day.

18.5. When requested by the Organizing Authority, competitors shall make themselves available to attend photo opportunities, interviews and press conferences at the Championship.

19. DOPING CONTROL

19.1. Doping control will be conducted in accordance with the World Anti-Doping Code. In-Competition testing may be carried out at the Venue.

20. INSURANCE

20.1. At its own responsibility, each participating boat shall obtain valid third party liability insurance with coverage of at least US $1,500,000 (or equivalent) per incident. It will be sole responsibility of the participant to provide a valid copy of the insurance certificate in case of an incident.

20.2. All coach and support boats shall have at least valid third-party insurance in accordance with the UAE maritime laws. A copy of the policy and all registration documents shall be on-board.

21. DISCLAIMER OF LIABILITY

21.1. All participants competing in the races do so at their own risk and responsibility. See ISAF RRS Rule 4, Decision to Race; “The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone”.

21.2. All participants must be aware that the nature of marine sporting activities may include injury or death. By entering the event and completing registration, participants agree:

(a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;

(b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;

(c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;
It is the sole responsibility of the participant to ensure their boat is in good order, includes all required safety equipment and equipped to sail in the event and they are fit to participate;

At no point in time, either ashore or afloat, is the Organizing Authority, the race management team, patrol boats or any other officials and volunteers responsible for the safety of the participants.

21.3. The Organizing Authority, its supporting partners, clubs and any person involved in the organization of the event will not accept any liability for loss, injury or nuisances to people or things, both on the water or ashore, occurring as a result of taking part in the event announced in this Notice of Race.

21.4. For all sailors under the age of 18, a parent or legal guardian shall sign the disclaimer on the sailor’s entry form.
Appendix A
Venue information

Venue
The Race Office, Jury Room and Berthing will located at Abu Dhabi Sailing & Yacht Club

Provisional Race Areas
Further information to be published in the Sailing Instructions
Appendix B
Specification of Nation Flags

<table>
<thead>
<tr>
<th>Class</th>
<th>Supplier</th>
<th>Position and Size</th>
</tr>
</thead>
<tbody>
<tr>
<td>49er and 49erFX</td>
<td>via 49er ICA</td>
<td>As per class rules</td>
</tr>
<tr>
<td>Laser and Laser Radial</td>
<td>Any supplier</td>
<td>As explained below</td>
</tr>
<tr>
<td>RS:X Men and RS:X Women</td>
<td>Any supplier</td>
<td>As per class rules</td>
</tr>
</tbody>
</table>

Laser and Laser Radial

A skipper's national flag with a nominal size of 567 X 337 mm shall be applied to both sides of the mainsail, positioned such that the aft edge of each flag is within 100 and 150 mm of the leech and between the sail numbers and the batten pocket below the sail numbers. The flag shall be approximately parallel with the sail numbers and letters and shall not touch the numbers. The flag shall be printed on separate material applied to the sail. The use of permanent ink pens or similar to make a national flag is forbidden. The national flag shall correspond to the national letters.
Appendix C
Additional Information

A EARLY ARRIVALS

Teams wishing to arrive before the official arrival date should contact the organizers in order to book accommodation and charter boats. For further details and information, please contact the OA.

B LOCAL TRANSPORTATION TO AND FROM THE AIRPORT

The OA will not provide transport. Airport Taxis are readily available at Abu Dhabi International Airport and will take customers to hotels by meter. The Abu Dhabi Sailing & Yacht Club can assist to make special arrangements at cost of the competitors.

C SOCIAL EVENTS & CEREMONIES

To enhance the friendship between the competitors and to make their stay in Abu Dhabi more enjoyable, appropriate social events may be organized.

The dress code for all social events will be smart casual attire. For the Welcoming and Closing Ceremony, sailors are encouraged to wear National Team uniforms or team colours.

D VISA REQUIREMENTS

It will be the responsibility of the participants to make their own arrangements to obtain a valid visa to the United Arab Emirates. The OA may provide a letter of invitation if required.

Citizens of Australia, Andorra, Austria, Brunei, Belgium, Bulgaria, Canada, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hong Kong, Hungary, Iceland, Ireland, Italy, Japan, Latvia, Liechtenstein, Lithuania, Luxembourg, Malaysia, Malta, Monaco, The Netherlands, New Zealand, Norway, Poland, Portugal, Romania, San Marino, Singapore, Slovakia, Slovenia, South Korea, Spain, Sweden, Switzerland, United Kingdom, United States of America and the Vatican State can get a free-of-charge entry visa upon arrival at Abu Dhabi International Airport.

Citizens of all other countries will need to apply for a Tourist, Transit or Visit Visa prior to their trip. For further details, please contact the Abu Dhabi Sailing & Yacht Club.

E ACCOMMODATION

The OA will publish special hotel rates through our Official Hotel Partner. Further information will be published on the event website: www.adsyc.ae
F  LOCAL TRANSPORTATION

Taxis are readily available throughout the city. A private shuttle bus can be arranged on behalf of teams by the OA (at cost).

G  MEALS

Dinner will be provided at the Welcoming Event.

All other meals are the responsibility of the teams. There are a few restaurants in the immediate vicinity of venue. The Marina Mall is located nearby and has many food outlets and a Carrefour Supermarket.

H  SHIPPING

The Organizer shall not cover any related shipping costs or customs duties. Competitors intending to ship or mail items to the venue, shall inform the Organizer prior to shipping by email: register@adsyc.ae

The mailing address for the venue is:

Abu Dhabi Sailing & Yacht Club
Abu Dhabi Theatre Road
Breakwater Area
Abu Dhabi United Arab Emirates
Tel: +971 2 6583333
Fax: +971 2 6580555

I  CONTACTS OF THE ORGANIZATION

ABU DHABI SAILING & YACHT CLUB

Post address: Abu Dhabi Sailing & Yacht Club
P.O.Box 63379
Abu Dhabi
United Arab Emirates

Office Contact: Tel: +971 2 6583333
Fax: +971 2 6580555
info@adsyc.ae

Race office: register@adsyc.ae

Event Manager: Reinier d'Arnaud
reinier@adsyc.ae
+971 2445115
Appendix D

Charter boats

Charters are dealt with on a first come, first served basis with preference to those sailing for Asian federations and at least one set of equipment per country before allocating additional equipment to the same country.

For further information, please contact the Organizing Authority: register@adsyc.ae

RS:X (Men and Women)

Charter of equipment will be available through:

Pelican Marine
 Equipments Trading L.L.C.
 P.O.Box 107572
 Abu Dhabi

Jayne Gilmour
 General Manager
 +971 553132038
 jayne@sailing.ae

49er, 49er FX, Laser and Laser Radial

Charter of equipment will be available through:

Emirates Advanced
 P.O.Box 36677
 Abu Dhabi

Omar Bazara
 +971 507804558
 omar@emirates-advanced.com

Coach Boat Charter

A limited number of coach boats will be available from Abu Dhabi Sailing & Yacht Club. For any further inquiries please contact the OA; register@adsyc.ae

Additional charter boats may be supplied by a third party. As soon as information is available this will be published on the event website.