



## Competition Manual #2

### RS:X European and Youth European Championship 2020

#### 1. Introduction

This document, which constitutes the Competition Manual, aims to specify prevention, protection and control measures adopted for the RSX European and Youth European Championship 2020 that takes place in Vilamoura on the dates of 22 to 28 November 2020. The guidelines presented here, elaborated by the Federação Portuguesa de Vela (FPV) and the Capable Planet Clube Náutico intend to operationalize, in accordance with the specificities of our sport, the standards adopted by Council of Ministers Resolution No. 53-A/2020 of 14 July and comply with [DGS Resolution No. 036/2020 of 25th August](#) in order to ensure the necessary security measures to minimise the risks of transmission by SARS-CoV-2.

The document now submitted may be amended up to 72 hours before the first race depending on the assessment of the situation carried out by Organizing Authority (OA) and the updating of the measures to be enacted by the Government and DGS.

#### 2. Preventive measures

Because individual responsibility is the most effective safety factor, if you are a participant who has symptoms of COVID-19, namely fever, cough and possible breathing difficulties, you should not go to the Sailing Venue or to the health services, instead call SNS24 - 808 24 24 24, and follow the guidelines given by them.

At the sailing venue, any participant who shows symptoms of COVID-19 will fall within the procedures defined in the Contingency Plan of the Capable Planet Clube Náutico.

#### 3. Event Risk

In accordance with the FPV report of July 1<sup>st</sup>, in particular point 13.1 of Part II, the risk assessment of sailing competitions follows the following parameterization.

		1	2	3	4	5
A	Number of athletes	Up to 20	21 to 50	51 to 100	101 to 150	+ 151
B	Number of participating boards	Up to 20	21 to 50	51 to 100	101 to 150	+ 151
C	Athletes on board	1		2		3 or +
D	Staff, RC, Jury and Coaches	Up to 10	11 to 20	21 to 30	31 to 40	+ 41
E	Ashore space between boards (mts)	3		2, 3	1,5, 2	
F	Boards ashore or at / sea	Sea	land			

$$\text{Risk} = (A*6)+(B*5)+(C*4)+(D*3)+(E*2)+(F*1)$$

Result up to 50 = low risk

Result from 51 to 70 = low average risk

Result of 71 to 90 = average risk

Result from 91 to 100 = high average risk



Thus, taking into account the parameterization of the FPV, better explained in the table above, the test in **question is evaluated as Low average risk event, with 56 points**, on a scale of 21 to 100 points.

$$\text{Risk} = (4*6) + (3*5) + (1*4) + (3*3) + (1*2) + (2*1)$$

$$\text{Risk} = 56 = \text{Low average risk}$$

#### 4. Eligibility

Access to the venue boat park, is restricted to athletes, registered coaches and team leaders, as well as Jury and Race Committee members and staff members.

#### 5. Ashore

- a) All participants in the race, athletes, coaches, team leaders, Jury, RC and staff, registered in the event, will have to wear a mask whenever they are indoor areas on the venue.
- b) Body temperature will be checked on arrival to the venue, with an Infrared thermometer
- c) Registration will be conducted only by the coach or team leader, representing the athletes.
  - a. A full list of sailors and coaches will be created for the event
  - b. Your address in Vilamoura will be required for registration purposes
- d) Participants must maintain a physical distance of 2 meters.
- e) There will be designated areas for boat parking.
- f) Boards must distance 3 meters between them.
- g) Boards may only be moved when the Delta flag has been hoisted, or with the permission of the Organizing Authority.
- h) Launching, after the Delta flag, will be phased, in groups not exceeding 20 boards.
- i) The arrival on ashore will be phased, and access to the slipway should take place in strict compliance with the guidelines of the staff elements.
- j) In the Venue, circulation circuits will be defined.
- k) The Official Notice Board will be in Digital format.
- l) Public spaces will be disinfected before the arrival of the athletes and after they go afloat.
- m) The changing rooms will remain closed during the event, with access only to the toilets (WC).
- n) Meetings with coaches/team leaders will be avoided, but, if necessary, these will be held, preferably in an outdoor space, with social distancing.
- o) In jury hearings, the use of a mask is mandatory.
- p) There will be alcohol-based solution dispensers or placed next to the secretariat, entrances and exits of toilets and other relevant areas.
- q) Before and after racing, avoid, social contact.

#### 6. At sea

- a) Except in case of emergency, athletes should avoid physical contact with the coaches and the sharing of materials and equipment.



## 7. Coaches

- a) On each coach boat/support boat, there may be no more than 2 registered persons.
- b) The exception to previous point is the support to the athletes at sea, before, after and in the interval between races.
- c) If there is more than one person on the coach's boat, wearing a mask is mandatory.
- d) Preferably, the coach should not be responsible for more than 8 athletes.
- e) When addressing the sailors, ashore or at sea, the coach shall wear protective mask.
- f) Coaches are allowed to tow the athletes' boats.

## 8. Referees

- a) Jury boats will have no more than 2 people on board.
- b) There will be no sharing of equipment and material between the Jury.
- c) Only the essential elements for carrying out the tasks may be on board on the boats of the Race Committee (RC) and there should be no sharing of equipment.
- d) The protests hearings will preferably take place outdoors and, if the Protest Committee deems it relevant, using arbitration (in accordance with Appendix T of the RRV).

## 9. Ceremonies

No social events will take place ashore, including in the opening and closing ceremonies.

However, prizes will be awarded at a restricted ceremony in accordance with "DGS" guidelines which are currently in force.

## 10. Final note

It should be noted that the greatest security measure is based on the responsible behavior of each individual. It is important for each of them to ensure strict compliance with all the measures presented here, as well as the DGS guidelines, both individually and in groups, inside and outside the Club, avoiding risky behaviors.

Lisbon, 13 October de 2020

The President of the Capable Planet Clube Náutico

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